



Appendix 2 – First Aid Attendant Inventory List

PERSONAL FIRST AID KID

- 16 Adhesive bandages, sterile, assorted sized (stand strip, large fingertip, knuckle, large patch)
- 6 gauze pad, sterile, individually wrapped, 7.6 x 7.6 cm (w x 3 in.)
- 1 roll Conforming stretch bandage, relaxed length, individual wrapped, 5.1cm x 1.8m (2 in. x 2 yd.)
- 2 Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 x 4in.)
- 1 Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2cm (40 x 40x 56in.)
- 1 roll Adhesive tape, 2.5 cm x 2.3 m (1 in x 2.5 yr.)
- 6 Antiseptic wound cleansing towelette, individually wrapped
- 4 Hand/skin cleansing towelette, individually wrapped (or equivalent)
- 2 pairs Examination gloves, disposable, medical grade, one-size, non-latex, powder free
- 1 Biohazard waste disposal bag (single use)
- 1 Contents list
- Blank first aid record – first aid report.



Appendix 2 – First Aid Attendant Inventory List

BASIC FIRST AID KID

- 50 Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)
- 24 Gauze pad, sterile, individually wrapped, 7.6 x 7.6 cm (3 x 3 in.)
- 2 Abdominal pad, sterile, individually wrapped 12.7 x 22.9 cm (5 9 in.)
- 2 rolls Conforming stretch bandage, relaxed length, individually wrapped, 5.1 cm x 1.8 m (2 in. x 2 yd.)
- 2 rolls Conforming stretch bandage, relaxed length, individually wrapped, 7.6 cm x 1.8m (3 in. x 2yd.)
- 4 Compress/pressure dressing with ties, sterile, 10.2 x10.2 (4 x 4 in.)
- 4 Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 x 40 x 56 in.)
- 2 rolls Adhesive tape, 2.5 cm x 2.3 m (1 in. x 2.5 yd.)
- 50 Antiseptic wound cleansing towelette, individually wrapped
- 12 Hand/skin cleansing towelette, individually wrapped
- 1 CPR resuscitation barrier device with one-way valve (barrier type or pocket mask)
- 8 pairs Examination gloves, disposable, medical grade, one-size, non-latex, powder free
- 2 Biohazard waste disposal bag, single use
- 1 Bandage scissors, stainless steel
- 1 Splinter forceps/tweezers
- 1 Emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm (52 x 84 in.)
- 1 Arterial bleed tourniquet (windlass or ratcheting type)
- 6 Medical grade face mask
- 2 Face shields or safety eyewear
- 1 Contents list
- Blank first aid records

Appendix 2 – First Aid Attendant Inventory List

INTERMEDIATE FIRST AID KIT

- 50 Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)
- 24 Gauze pad, individually wrapped, 7.6 x 7.6 cm (3 x 3 in.)
- 12 Gauze pad, sterile, individually wrapped, 10.2 x 10.2 cm (4 x 4 in.)
- 8 Non-adherent dressing, sterile, individually wrapped, 5.1 x 7.6 cm (2 x 3in.)
- 2 Abdominal pad, sterile, individually wrapped, 12.7 x 22.9 cm (5 x 9 in.)
- 2 rolls Conforming stretch bandage relaxed length, individually wrapped 5.1 cm x 1.8 m (2 in. x 2yd.)
- 2 rolls Conforming stretch bandage relaxed length, individually wrapped 7.6 cm x 1.8 m (3 in. x 2 yd.)
- 2 Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 x 4 in.)
- 2 Compress/pressure dressing with ties, sterile, 15.2 x 15.2 cm (6 x 6 in.)
- 4 Triangle bandages, cotton, with 2 safety pins, 101.6 x 101.6 x142.2 cm (40 x 40 x 56 in.)
- 1 Arterial bleed tourniquet (windlass or ratcheting type)
- 2 rolls Adhesive tape, 2.5 cm x 2.3 m (1 in. x 2.5 yd.)
- 2 Elastic support/compression bandage, 7.6 cm (3 in.)
- 2 sets Eye dressing pad, sterile, and eye shiel with elastic strap
- 2 Cold pack or equivalent
- 50 Antiseptic wound cleanings towelette, individually wrapped
- 12 Hand/skin cleansing towelette, individually wrapped
- 2 doses Source of glucose as recommended by Diabetes Canada*
- 1 CPR resuscitation barrier device with one-way valve (barrier type or pocket mask)
- 8 pairs Examination gloves, disposable, medical grade, one-size, non-latex, powder free



Appendix 2 – First Aid Attendant Inventory List

- 4 Biohazard waste disposal bag, single use
- 1 Bandage scissors, stainless steel
- 1 Splinter forceps/tweezers
- 1 Splint, padded, malleable, minimum size 10.2 x 6.1 cm (4 x 24 in.)
- 2 Emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm (52 x 84 in.)
- 6 Medical grade face mask
- 2 Face shields or safety eyewear
- 1 Contents list
- Blank first aid records
- Patient assessment chart

***Diabetes Canada considers a dose to be 15 g of carbohydrate.**

A does can consist of:

- 15 g of glucose in the form of glucose tablets
- 15 mL (3 tsp.) or 3 packets of table sugar, dissolved in water
- 5 sugar cubes
- 150 mL of juice or regular (non-diet) soft drink
- 6 Life Saver candies (1 piece = 2.5 g of carbohydrates)
- 15 mL (1 tbsp.) of honey